Guiding Principles of **Geriatric Physical Therapy**

INTERPROFESSIONAL

Champion interprofessional collaborative practice that is inclusive of patients and their caregivers.

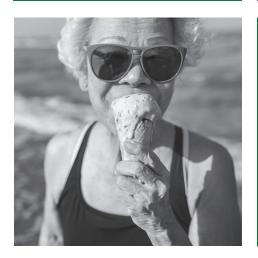
PERSON-CENTERED CARE

Utilize person-centered care to elicit and prioritize the individual's preferences, values, and goals to drive the plan of care.

EVIDENCE INFORMED

Provide positive outcomes of physical therapy care by completing intervention(s) that are based on the best available evidence.





PHYSICAL ACTIVITY

Prioritize physical activity to promote health, well-being, chronic disease management, and enhance mobility.

HOLISTIC ASSESSMENT

Conduct a holistic assessment and evaluation utilizing sound outcome measures that help inform the treatment plan and relate to the patient's stated goals.

ANTI-AGEIST

Strive for anti-ageist practice.

